



21st Annual National Heart to Heart January 16-18, 2026 Wyndham Lake Buena Vista - Orlando, Florida

TENTATIVE AGENDA

Friday, January 16

12:00 - 6:30 PM

Registration
Michell Fisher

Solar Foyer

1:00 - 3:00 PM

PHW Board of Directors Meeting
CPR/AED Training Certification
John Cobb, Coastal Emergency Medical
Skills (CEMS) and PRESTAN
Exhibitors

Rock Lake
Bay Lake/Park Lake

Salons 1-3/9-11 & Foyer

4:00 - 6:00 PM

Informal Introductory Sessions
Families Who have Suffered a Loss
First-Time Attendees Only
Andy Anderson & Susan Carr
SCA Survivors
SCA Survivor Parents and Families
Amy Cockrell & Shawn Sima

Spring Lake

Lakeview East
Rock Lake

6:00 - 7:00 PM

Cocktail Reception

Salons 1-3/9-11 & Foyer

7:00 - 9:30 PM

Welcome Dinner
Heroes for Young Hearts Awards
Keynote Address
Will motivate, energize, and inspire you to take action, drive change, and help create a world where every heartbeat matters.
Dr. Heather Baker, Principal,
Dorothy Simon Elementary School and SCA Survivor

Horizons Salons 4-8F

Saturday, January 17

7:30 - 8:30 AM

Breakfast

Horizons Foyer

7:30 - 8:30 AM

The Basics of SCA over Breakfast
For first-time attendees.
Victoria L. Vetter, MD, MPH, Professor of Pediatrics
The Children's Hospital of Philadelphia
Perelman School of Medicine at the University of Pennsylvania

Bay Lake/Park Lake

8:00 AM - 5:00 PM

Visit with Exhibitors

Salons 1-3 / 9-11 & Foyer

8:30 - 9:30 AM

A World Where Every
Heartbeat Matters
Year in Review & Launch of Enhanced Member Toolkit
Martha Lopez-Anderson, Executive Director
Jim Markisohn, Susan Carr, Hector Paredes & Ashlee Valavala,
Board Members

Horizons Salons 4-8F

9:30 - 10:15 AM

Sports Participation for
Athletes and Youth with Cardiovascular Conditions

Horizons Salons 4-8F

This session provides best practices for evaluating and managing cardiovascular risk in both competitive athletes and active youth. Because sports participation can vary—one season on the field, the next in recreational activities—we will explore how to apply current guidelines to all physically active young people.
Jonathan H. Kim MD, MSc, FACC, FAHA
Founding Director of Emory Sports Cardiology,
Associate Professor of Medicine
Department of Medicine, Division of Cardiology, Emory University

10:15 - 10:30 AM

Break

Horizons Foyer

10:30 - 11:10 AM

Mental Fitness for Mission-Driven
Work: Strengthening Minds to Save Lives

Horizons Salons 4-8F

Build resilience and mindset strategies for sustained advocacy and leadership.
Dr. Seth Hickerson, Founder My Steady Mind

11:10 - 11:50 AM

When Seconds Count: Legal
Perspectives on SCA Response and Responsibility

Horizons Salons 4-8F

Understand liability, protections, and how law intersects with emergency response planning.
Craig Goldenfarb, Esq., GOLDLAW Personal Injury Lawyers (Florida)

11:50 AM - 12:00 PM

Meet Sponsor

Horizons Salons 4-8F

12:00 - 12:15 PM

Group Photo

TBD



Parent Heart Watch®



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12:15 - 1:15 PM

Networking Lunch

Outside or Lakeview West

1:15 - 2:00 PM

Intelligent Prevention: Horizons Salons 4-8F
The Role of AI in Protecting Young Hearts

Discover how artificial intelligence is transforming early detection and cardiac risk prevention.

Josh Mayourian, MD, PhD, ME, Director, Congenital Heart Artificial Intelligence (CHAI) Lab at Boston Children's Hospital/Harvard Medical School

2:00 - 2:45 PM

Behind the Movement: A Decade Horizons Salons 4-8F
of Advancing ECG Screening to Protect Young Hearts

The Florida experience

Gul Dadlani, MD, Pediatric Cardiologist, Nemours Children's Health

2:45 - 2:55 PM

Meet Sponsor

Horizons Salons 4-8F

2:55 - 3:10 PM

Break

Horizons Salons

3:10 - 3:55 PM

What's Your Story? Horizons Salons 4-8F

Intentional storytelling drives awareness and prevention.

Learn how to share your experience—whether you're a parent, survivor, advocate, or ally—to inspire life-saving change and mobilize your community.

Kim Weitkamp, Storyteller, Coach & Funny Human

3:55 - 4:05 PM

Meet Sponsor

Horizons Salons 4-8F

4:05 - 5:30 PM

Hearts in Action: Horizons Salons 4-8F
Speed Networking for Change

A networking experience designed to help attendees, sponsors and exhibitors quickly connect, share resources, and spark partnerships that accelerate prevention strategies.

Dr. Heather Baker, Principal,

Dorothy Simon Elementary School and SCA Survivor

6:00 - 7:30 PM

Dinner

Salons 1-3 / 9-11 & Foyer

7:30 - 10:30 PM

Casino & Bingo Night and Silent Auction Lakeview West
Theme: High Stakes & Big Hair Totally 80s

Break out the big hair, bold colors, and totally rad looks for a night of blackjack, craps, roulette, and our first-ever bingo tables—set to great music and 80s vibes. Don't miss the Mystery Box prizes (each valued at \$100), the Silent Auction featuring trips of a lifetime, and an unforgettable evening of fun for a great cause.

Sunday, January 18

8:00 - 9:00 AM

Breakfast

Horizons Foyer

8:00 AM - 12:00 PM

Visit with Exhibitors

Salons 1-3 / 9-11 & Foyer

9:00 - 9:45 AM

Come One, Come All! How To Horizons Salons 4-8F
Reach Event Capacity

Event coordination takes significant human and financial resources so it's critical to employ strategies to optimize success. Learn the cornerstones of how to make your events well-attended.

Julie Walker, President, Peyton Walker Foundation

9:45 - 10:30 AM

Thoughts from the Think Tank: Horizons Salons 4-8F
Moving Forward on the Pathway to Survival

Consensus statements from the Cardiac Safety Research Consortium's 2024 Think Tank on the Prevention of Sudden Cardiac Death in the Young and how we can galvanize a future world where every heart matters.

*Salim F. Idriss, MD, PhD, Director of Pediatric Electrophysiology
Duke University Medical Center*

10:30 - 10:45 AM

Break

Horizons Foyer



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Building Castles in the Sky: Horizons Salons 4-8F
PHW's Data in the Cloud

Data is the stronghold of our ability to affect change. Learn how our new REDCap server will leverage our collective data to expand opportunities for greater impact.

Teresa Mago, Chair, Parent Heart Watch

Vincent Miller, Project Lead, New Technologies at Duke Clinical Research Institute

11:30 AM - 12:15 PM

Squaring Off: Poster Presentations Horizons Salons 4-8F
on How Members Take Action

Let your fellow Parent Heart Watch members inform and inspire you as we each share highlights of our work to protect young hearts in our communities.

Victoria L. Vetter, MD, MPH, Professor of Pediatrics,

The Children's Hospital of Philadelphia,

University of Pennsylvania School of Medicine

12:15 - 1:15 PM

Networking Lunch & Wrap Up Outside or Lakeview West



Parent Heart Watch®