



# 21st Annual National Heart to Heart

## January 16-18, 2026

Wyndham Lake Buena Vista - Orlando, Florida

## TENTATIVE AGENDA

### Friday, January 16

12:00 - 6:30 PM

**Registration**  
*Michell Fisher*

Solar Foyer

1:00 - 3:00 PM

**PHW Board of Directors Meeting**  
**CPR/AED Training Certification**  
*John Cobb, Coastal Emergency Medical Skills (CEMS) and PRESTAN*

Rock Lake  
Bay Lake/Park Lake

**Exhibitors**

Salons 1-3/9-11 & Foyer

4:00 - 6:00 PM

**Informal Introductory Sessions**  
**Families Who have Suffered a Loss**  
*First-Time Attendees Only*  
*Andy Anderson & Susan Carr*  
**SCA Survivors**  
**SCA Survivor Parents and Families**  
*Amy Cockrell & Shawn Sima*

Spring Lake

Lakeview East  
Rock Lake

6:00 - 7:00 PM

**Cocktail Reception**

Salons 1-3/9-11 & Foyer

7:00 - 9:30 PM

**Welcome Dinner**  
**Heroes for Young Hearts Awards**  
**Keynote Address**

Horizons Salons 4-8F

*Will motivate, energize, and inspire you to take action, drive change, and help create a world where every heartbeat matters.*  
*Dr. Heather Baker, Principal, Dorothy Simon Elementary School and SCA Survivor*

### Saturday, January 17

7:30 - 8:30 AM

**Breakfast**

Horizons Foyer

7:30 - 8:30 AM

**The Basics of SCA over Breakfast**

*For first-time attendees.*

*Victoria L. Vetter, MD, MPH, Professor of Pediatrics  
The Children's Hospital of Philadelphia  
Perelman School of Medicine at the University of Pennsylvania*

Bay Lake/Park Lake

**8:00 AM - 5:00 PM**

**Visit with Exhibitors**

Salons 1-3 / 9-11 & Foyer

**8:30 - 9:30 AM**

**A World Where Every Heartbeat Matters**

Horizons Salons 4-8F

**Year in Review & Launch of Enhanced Member Toolkit**

*Martha Lopez-Anderson, Executive Director  
Jim Markisohn, Susan Carr, Hector Paredes & Ashlee Valavala, Board Members*

**9:30 - 10:15 AM**

**Sports Participation for Athletes and Youth with Cardiovascular Conditions**

Horizons Salons 4-8F

*This session provides best practices for evaluating and managing cardiovascular risk in both competitive athletes and active youth. Because sports participation can vary—one season on the field, the next in recreational activities—we will explore how to apply current guidelines to all physically active young people.*

*Jonathan H. Kim MD, MSc, FACC, FAHA  
Founding Director of Emory Sports Cardiology,  
Associate Professor of Medicine*

*Department of Medicine, Division of Cardiology, Emory University*

**10:15 - 10:30 AM**

**Break**

Horizons Foyer

**10:30 - 11:10 AM**

**Mental Fitness for Mission-Driven Work: Strengthening Minds to Save Lives**

Horizons Salons 4-8F

*Build resilience and mindset strategies for sustained advocacy and leadership.*

*Dr. Seth Hickerson, Founder My Steady Mind*

**11:10 - 11:50 AM**

**When Seconds Count: Legal Perspectives on SCA Response and Responsibility**

Horizons Salons 4-8F

*Understand liability, protections, and how law intersects with emergency response planning.*

*Craig Goldenfarb, Esq., GOLDLAW Personal Injury Lawyers (Florida)*

**11:50 AM - 12:00 PM**

**Meet Sponsor**

Horizons Salons 4-8F

**12:00 - 12:15 PM**

**Group Photo**

TBD



**Parent Heart Watch®**



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**12:15 - 1:15 PM**

**Networking Lunch**

Outside or Lakeview West

**1:15 - 2:00 PM**

**Intelligent Prevention:**

Horizons Salons 4-8F

**The Role of AI in Protecting Young Hearts**

*Discover how artificial intelligence is transforming early detection and cardiac risk prevention.*

*Josh Mayourian, MD, PhD, ME, Director, Congenital Heart Artificial Intelligence (CHAI) Lab at Boston Children's Hospital/Harvard Medical School*

**2:00 - 2:45 PM**

**Behind the Movement: A Decade of Advancing ECG Screening to Protect Young Hearts**

*The Florida experience*

*Gul Dadlani, MD, Pediatric Cardiologist, Nemours Children's Health*

**2:45 - 2:55 PM**

**Meet Sponsor**

Horizons Salons 4-8F

**2:55 - 3:10 PM**

**Break**

Horizons Salons

**3:10 - 3:55 PM**

**What's Your Story?**

Horizons Salons 4-8F

*Intentional storytelling drives awareness and prevention. Learn how to share your experience—whether you're a parent, survivor, advocate, or ally—to inspire life-saving change and mobilize your community.*

*Kim Weitkamp, Storyteller, Coach & Funny Human*

**3:55 - 4:05 PM**

**Meet Sponsor**

Horizons Salons 4-8F

**4:05 - 5:30 PM**

**Hearts in Action:**

Horizons Salons 4-8F

**Speed Networking for Change**

*A networking experience designed to help attendees, sponsors and exhibitors quickly connect, share resources, and spark partnerships that accelerate prevention strategies.*

*Dr. Heather Baker, Principal,  
Dorothy Simon Elementary School and SCA Survivor*

**6:00 - 7:30 PM**

**Dinner**

Salons 1-3 / 9-11 & Foyer

**7:30 - 10:30 PM**

**Casino & Bingo Night and Silent Auction** Lakeview West

**Theme: High Stakes & Big Hair Totally 80s**

*Break out the big hair, bold colors, and totally rad looks for a night of blackjack, craps, roulette, and our first-ever bingo tables—set to great music and 80s vibes. Don't miss the Mystery Box prizes (each valued at \$100), the Silent Auction featuring trips of a lifetime, and an unforgettable evening of fun for a great cause.*

## Sunday, January 18

**8:00 - 9:00 AM**

**Breakfast**

Horizons Foyer

**8:00 AM - 12:00 PM**

**Visit with Exhibitors**

Salons 1-3 / 9-11 & Foyer

**9:00 - 9:45 AM**

**Come One, Come All! How To Reach Event Capacity**

Horizons Salons 4-8F

*Event coordination takes significant human and financial resources so it's critical to employ strategies to optimize success. Learn the cornerstones of how to make your events well-attended.*

*Julie Walker, President, Peyton Walker Foundation*

**9:45 - 10:30 AM**

**Thoughts from the Think Tank:**

Horizons Salons 4-8F

**Moving Forward on the Pathway to Survival**

*Consensus statements from the Cardiac Safety Research Consortium's 2024 Think Tank on the Prevention of Sudden Cardiac Death in the Young and how we can galvanize a future world where every heart matters.*

*Salim F. Idriss, MD, PhD, Director of Pediatric Electrophysiology  
Duke University Medical Center*

**10:30 - 10:45 AM**

**Break**

Horizons Foyer



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**10:45 - 11:30 AM**

**Building Castles in the Sky:  
PHW's Data in the Cloud**

Horizons Salons 4-8F

*Data is the stronghold of our ability to affect change. Learn how our new REDCap server will leverage our collective data to expand opportunities for greater impact.*

*Teresa Mago, Chair, Parent Heart Watch*

*Vincent Miller, Project Lead, New Technologies at  
Duke Clinical Research Institute*

**11:30 AM - 12:15 PM**

**Squaring Off: Poster Presentations Horizons Salons 4-8F  
on How Members Take Action**

*Let your fellow Parent Heart Watch members inform and inspire you as we each share highlights of our work to protect young hearts in our communities.*

*Victoria L. Vetter, MD, MPH, Professor of Pediatrics,  
The Children's Hospital of Philadelphia,  
University of Pennsylvania School of Medicine*

**12:15 - 1:15 PM**

**Networking Lunch & Wrap Up Outside or Lakeview West**



**Parent Heart Watch®**