

21st Annual National Heart to Heart

January 16–18, 2026

Wyndham Lake Buena Vista - Orlando, Florida

TENTATIVE AGENDA

Friday, January 16

12:00 - 6:30 PM

Registration Michell Fisher Solar Foyer

1:00 - 3:00 PM

PHW Board of Directors Meeting CPR/AED Training Certification

Rock Lake Bay Lake/Park Lake

John Cobb , Coastal Emergency Medical Skills (CEMS)

Exhibitors Salons 1-3/9-11 & Foyer

4:00 - 6:00 PM

Informal Introductory Sessions Spring Lake
Families Who have Suffered a Loss

First-Time Attendees Only Andy Anderson & Susan Carr

SCA Survivors

SCA Survivor Parents and Families

Lakeview East
Rock Lake

Amy Cockrell & Stephanie Felgoise

6:00 - 7:00 PM

Cocktail Reception Salons 1-3/9-11 & Foyer

7:00 - 9:30 PM

Welcome Dinner Horizons Salons 4-8F

Heroes for Young Hearts Awards

Keynote Address

Will motivate, energize, and inspire you to take action, drive change, and help create a world where every heartbeat matters.

Dr. Heather Baker, Principal,

Dorothy Simon Elementary School and SCA Survivor

Saturday, January 17

7:30 - 8:30 AM

Breakfast Horizons Foyer

7:30 - 8:30 AM

The Basics of SCA over Breakfast Bay Lake/Park Lake

For first-time attendees.

Ronald J. Kanter, MD, Pediatric Electrophysiologist, Nicklaus Children's Hospital 8:00 AM - 5:00 PM

Visit with Exhibitors Salons 1-3 / 9-11 & Foyer

8:30 - 9:30 AM

A World Where Every Horizons Salons 4-8F

Heartbeat Matters

Year in Review & Launch of Enhanced Member Toolkit

Martha Lopez-Anderson, Executive Director & Jim Markisohn, Board Member, Parent Heart Watch

9:30 - 10:15 AM

Sports Participation for Horizons Salons 4-8F
Athletes and Youth with Cardiovascular Conditions

This session provides best practices for evaluating and managing cardiovascular risk in both competitive athletes and active youth. Because sports participation can vary—one season on the field, the next in recreational activities—we will explore how to apply current guidelines to all physically active young people.

Jonathan H. Kim MD, MSc, FACC, FAHA
Founding Director of Emory Sports Cardiology,
Associate Professor of Medicine

Associate Professor of Medicine Department of Medicine, Division of Cardiology, Emory University

10:15 - 10:30 AM

Break Horizons Foyer

10:30 - 11:10 AM

Mental Fitness for Mission-Driven Horizons Salons 4-8F Work: Strengthening Minds to Save Lives

Build resilience and mindset strategies for sustained advocacy and leadership.

Dr. Seth Hickerson, Founder My Steady Mind

11:10 - 11:50 AM

When Seconds Count: Legal Horizons Salons 4-8F
Perspectives on SCA Response and Responsibility

Understand liability, protections, and how law intersects with emergency response planning.

Craig Goldenfarb, Esq., GOLDLAW Personal Injury Lawyers (Florida)

11:50 AM - 12:00 PM

Meet Sponsor Horizons Salons 4-8F

12:00 - 12:15 PM

Group Photo TBD





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12:15 - 1:15 PM

Networking Lunch

Outside or Lakeview West

1:15 - 2:00 PM

Intelligent Prevention: Horizons Salons 4-8F

The Role of AI in Protecting Young Hearts

Discover how artificial intelligence is transforming early detection and cardiac risk prevention.

Josh Mayourian, MD, PhD, ME, Director, Congenital Heart Artificial Intelligence (CHAI) Lab at Boston Children's Hospital/Harvard Medical School

2:00 - 2:45 PM

Behind the Movement: A Decade Horizons Salons 4-8F of Advancing ECG Screening to Protect Young Hearts

The Florida experience

Gul Dadlani, MD Pediatric Cardiolgist, Nemours Children's Health

2:45 - 2:55PM

Meet Sponsor Horizons Salons 4-8F

2:55 - 3:10 PM

Break Horizons Salons

3:10 - 3:55 PM

What's Your Story?

Horizons Salons 4-8F

Intentional storytelling drives awareness and prevention. Learn how to share your experience—whether you're a parent, survivor, advocate, or ally—to inspire life-saving change and mobilize your community.

Kim Weitkamp, Storyteller, Coach, Funny Human

3:55 - 4:05 PM

Meet Sponsor Horizons Salons 4-8F

4:05 - 5:30 PM

Hearts in Action: Horizons Salons 4-8F

Speed Networking for Change

A networking experience designed to help attendees, sponsors and exhibitors quickly connect, share resources, and spark partnerships that accelerate prevention strategies.

 ${\it Dr.\ Heather\ Baker,\ Principal,}$

Dorothy Simon Elementary School and SCA Survivor

6:00 - 7:30 PM

Dinner Salons 1-3 / 9-11 & Foyer

7:30 - 10:30 PM

Casino & Bingo Night and Silent Auction Lakeview West Theme: High Stakes & Big Hair Totally 80s

Enjoy blackjack, craps, roulette, our first-ever bingo tables and music. Don't miss the Mystery Box prizes (each valued at \$100), the Silent Auction, and a totally rad evening of fun for a great cause!

Sunday, January 18

8:00 - 9:00 AM

Breakfast Horizons Foyer

8:00 AM -12:00 PM

Visit with Exhibitors Salons 1-3 / 9-11 & Foyer

9:00 - 9:45 AM

Come One, Come All! How To Horizons Salons 4-8F
Reach Event Capacity

Event coordination takes significant human and financial resources so it's critical to employ strategies to optimize success. Learn the cornerstones of how to make your events well-attended.

TBA

9:45 - 10:30 AM

Thoughts from the Think Tank: Horizons Salons 4-8F Moving Forward on the Pathway to Survival

Consensus statements from the Cardiac Safety Research Consortium's 2024 Think Tank on the Prevention of Sudden Cardiac Death in the Young and how we can galvanize a future world where every heart matters.

Salim F. Idriss, MD, PhD, Director of Pediatric Electrophysiology Duke University Medical Center

10:30 - 10:45 AM

Break Horizons Foyer





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10:45 - 11:30 AM

Building Castles in the Sky: PHW's Data in the Cloud

Horizons Salons 4-8F

Data is the stronghold of our ability to affect change. Learn how our new REDCap server will leverage our collective data to expand opportunities for greater impact.

Teresa Mago, Chair, Parent Heart Watch
Vincent Miller, Project Lead, New Technologies at
Duke Clinical Research Institute

11:30 AM - 12:15 PM

Squaring Off: Poster Presentations Horizons Salons 4-8F **on How Members Take Action**

Let your fellow Parent Heart Watch members inform and inspire you as we each share highlights of our work to protect young hearts in our communities.

Victoria L. Vetter, MD, MPH, Professor of Pediatrics,
The Children's Hospital of Philadelphia,
University of Pennsylvania School of Medicine

12:15 - 1:15 PM

Networking Lunch & Wrap Up Outside or Lakeview West

