



# Nominate Your Hero Today!



The **Heroes for Young Hearts** awards recognize individuals who demonstrate a continuous commitment in their local community to raise awareness of Sudden Cardiac Arrest (SCA) in children and young adults by taking specific actions that support the Parent Heart Watch (PHW) mission of protecting children and young adults from Sudden Cardiac Arrest and preventable Sudden Cardiac Death.

Nominees are not required to be Parent Heart Watch members.

## CATEGORIES INCLUDE

### ADVOCACY CHAMPION

*Medical or Allied Health Professional*

### ADVOCACY CHAMPION—YOUTH

*(must be 20 years of age or younger)*

### ADVOCACY CHAMPION—ADULT

*(must be 21 years of age or older)*

### YOUNG SURVIVOR CHAMPION

*(must be an SCA survivor 25 years of age or younger)*

**NOMINATION GUIDELINES:** Nominations should be submitted for one (1) individual per category and must include specific details of the actions taken by the nominee between October 2024 and October 2025 to support the Parent Heart Watch (PHW) mission. Examples may include organizing multiple community heart screenings, placing AEDs in local facilities, conducting research that advances prevention, or leading education and awareness efforts.

Submissions that do not include clear details of the nominee's actions, photo(s), and/or links to relevant news article(s) will not be considered by the Nominating Committee.

**AWARDS PRESENTATION:** Awards will be presented on Friday, January 16, 2026 at the 21st Annual National Heart to Heart in Orlando, Florida..

If you have any questions, please call 800.717.5828 or send to [contact@parentheartwatch.org](mailto:contact@parentheartwatch.org).

Submit your nominations with supporting information via this [Direct Link](#) by October 17, 2025



**Parent Heart Watch®**

[ParentHeartWatch.org](https://ParentHeartWatch.org)

