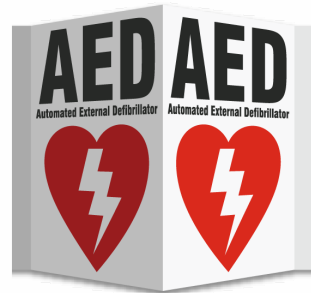


# How to Make Your READY FOR RESCUE



When seconds could mean the difference between life and death for a sudden cardiac arrest (SCA) victim, be sure your automated external defibrillator (AED) is visible, easily accessible and maintained, just like a fire extinguisher.

## PLACE IT



Placement of the AED should be centralized in your facility or in an area where the most people gather. The goal is to deliver a shock to an SCA victim within 3 minutes or less from collapse. Consider installing next to or near a fire extinguisher. Never lock an AED in an office or closet.

## HANG IT

Mount your AED in a wall cabinet or bracket approved for such purpose so the AED readiness indicator faces outward. Never lock the cabinet. If it's a mobile AED, keep it visible on the sidelines during games and practices.

## REACH IT

Be sure your AED is installed at an unobstructed maximum height of 48 inches from the floor in compliance with the American Disabilities Act.



## SPOT IT

Use 3-dimensional universal AED signage above the wall cabinet or bracket to make your AED visible. Add stickers to outer doors to show an AED is in the facility.



## REGISTER IT

- With AED manufacturer; it may extend the warranty
- With local or state EMS

## CHECK IT

- Designate a person in your facility to perform regular AED status checks as indicated by the manufacturer
- Check battery and pads expiration dates for timely updating
- Subscribe to an AED Program Management service
- Enroll in free AED Registry at [NationalAEDRegistry.com](https://www.nationalaedregistry.com)



## STOCK IT

AED Rescue Kit essentials:

- ✓ Nitrile Gloves
- ✓ Barrier Mask
- ✓ Medical Scissors
- ✓ Razor
- ✓ Antiseptic Wipes
- ✓ Absorbent Towel
- ✓ Biohazard Bag

## UNSTICK IT

“Trained Responders Only” stickers deter use of an AED. It's designed for anyone to use. Good Samaritan laws protect bystanders who render aid in good faith.



## PROMOTE IT

Add AED location(s) to site maps that show fire extinguishers and exit routes, then place site maps around your facility. AEDs are designed for the public to use, so be public about it!



## USE IT

AEDs are for anyone to use. Yes, anyone! Survival depends on people nearby calling 911, starting CPR, and using an AED as soon as possible. Having a written and well-practiced cardiac emergency response plan in place will increase the chance of survival for the SCA victim.



Parent Heart Watch.  
THE NATIONAL VOICE  
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST

[ParentHeartWatch.org](https://www.ParentHeartWatch.org)