

# SUDDEN CARDIAC ARREST

VERSUS

# HEART ATTACK



**ELECTRICAL**



**PLUMBING**

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**THEY ARE NOT THE SAME**

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Sudden Cardiac Arrest Victim

Heart Attack Victim

Electrical malfunction causes the heart to suddenly and unexpectedly stop beating

Can happen at any age, including children and teens

Person is unresponsive and NOT breathing

Person may gasp or shake, as if having a seizure

Call 911

People nearby must start CPR immediately to triple chance of survival

The use of an AED, is the only way to restart a heart; AEDs can be used by anyone

Blockage in coronary arteries interrupts blood flow to the heart

Happens mostly in people over age 35

Person is responsive and breathing

Person may experience chest, neck or left arm pain, shortness of breath, sweating or nausea

Call 911

Responsive victims don't need CPR/AED

Doctor will determine appropriate medical treatment



**Parent Heart Watch**<sup>®</sup>

THE NATIONAL VOICE  
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST