

★ 16th Annual National ★ HEART TO HEART

The Next Decade of Prevention

★ VIRTUAL ★
2021



Nominate Your Hero Today!



The **Heroes for Young Hearts** awards recognize individuals who demonstrate a continuous commitment in their local community to raise awareness of Sudden Cardiac Arrest (SCA) in youth by taking specific actions that support the Parent Heart Watch (PHW) mission of protecting youth from Sudden Cardiac Arrest and preventable Sudden Cardiac Death. Nominees are not required to be Parent Heart Watch members.

CATEGORIES INCLUDE

ADVOCACY CHAMPION

Medical or Allied Health Professional

ADVOCACY CHAMPION—YOUTH

(must be 20 years of age or younger)

ADVOCACY CHAMPION—ADULT

(must be 21 years of age or older)

YOUNG SURVIVOR CHAMPION

(must be an SCA survivor 25 years of age or younger)

IMPORTANT: Nominations should be for one (1) individual per category and must include specific details of the actions taken by the nominee between October 2019 and October 2020 to support the PHW mission (*i.e., organized 3 community heart screenings, placed 50 AEDs, research that helps advance our cause, etc.*) to be considered by the Nominating Committee.

Awards will be presented on Saturday, January 16, 2021 at the 16th Annual National Heart to Heart via our virtual platform.

If you have any questions, please call 800.717.5828 or email to contact@parentheartwatch.org.

Submit your nominations with supporting information via this [Direct Link](#) by Friday, November 15, 2020.



Parent Heart Watch.

THE NATIONAL VOICE
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST

ParentHeartWatch.org