

SUDDEN CARDIAC ARREST

V E R S U S

HEART ATTACK

THEY ARE NOT THE SAME



ELECTRICAL

Cardiac arrest occurs when the electrical system of the heart unexpectedly stops functioning

It happens to children, teens, young and old adults

Cardiac arrest can occur without warning, but may be preceded by palpitations, dizziness, chest pain or shortness of breath before collapse and loss of consciousness

- Call 9-1-1
- Start CPR
- Use AED (defibrillator)
- Continue CPR and AED use until EMS arrives



PLUMBING

A heart attack occurs when blockage in a coronary artery interrupts blood flow to the working heart

Occurs mostly in people over age 35

Victims usually remain conscious and may experience chest, neck or left arm pain, shortness of breath, sweating or nausea; but a heart attack can also lead to cardiac arrest

- Call 9-1-1
- Start CPR and use AED, if person becomes unconscious
- EMS will begin treatment upon arrival
- Once at hospital, a medical procedure may be used to open the blocked artery



Parent Heart Watch[®]

THE NATIONAL VOICE
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST