

A definitive diagnosis for a young person's death is crucial.



Please consider genetic testing in cases of unexplained sudden cardiac death. The results could provide life-saving information for families.

Safeguard tissue samples for genetic testing.

The appropriate collection and storage of viable samples for future genetic analysis is:

- Fresh Blood (at least 2mL in 4mL purple-top EDTA tube)
- Frozen Blood (at least 2mL in 4mL purple-top EDTA tube)
- Frozen Tissue – preferably heart tissue (Paraffin embedded tissue samples will not be viable for testing)
- Multiple Blood Spot Cards (a minimum of two 125µl capacity Whatman FTA cards)

**Please Ask Families
Before You Purge Tissues
– It Can Save Lives!**

Thank You!

**For more information about how the work you do can save lives,
please visit www.ParentHeartWatch.org**